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# Enjoy learning with SCANS this fall

Ian Johnson

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The Seniors' College Association of Nova Scotia's fall courses begin in early October. - 123RF Stock Photo

Learning can be fun, stimulating, engaging and exciting when you join the Seniors' College Association of Nova Scotia (SCANS). There are no assignments or exams. Instead, the focus is on learning, discussion, enjoyment and meeting other people eager to learn.

SCANS is a registered, non-profit association of senior learners that was founded in 2007. Thanks to the hard work of volunteers, there are now more than 700 members. SCANS strives to provide affordable learning opportunities for seniors (i.e. people 50 years and older) on academic topics they

select.

This fall, courses will include Domestic Architecture in Nova Scotia, Food and Nutrition for Successful Aging, the Science of Mindfulness, a History of Recorded Sound and Jazz Essentials.

SCANS provides 60 to 75 courses annually, with each six weeks in length. These courses are offered in three terms per year in five communities (or chapters), with Halifax being the home base. The other chapters are in Truro, Chester, Mahone Bay and Liverpool.

SCANS' annual membership fee is \$172.50 (including HST). Membership entitles you to enrol in any number of the courses offered each term, subject to class size limitations.

In addition to courses, SCANS also provides free, two-hour public lectures, mostly in Halifax. There are usually two per term. Past topics have included "Rebuilding Local Communities and Local Economies," "The Inside Story of the Only Black Battalion in Canadian History" and "Discoverers of the Northwest Passage: From Hearne (1771) to Harper (2016)."

Information sessions take place in advance of the three terms: fall, winter and spring. For the coming fall, the Halifax information session took place on Thursday, Sept. 13, at the Maritime Conservatory of Performing Arts. Registration is online only for Halifax courses.

You can still join this fall's courses by registering as soon as possible, as classes do not begin until early October. Applications received by 5:30 p.m. on Tuesday, Sept. 18, will be included in a computerized random draw to make up the class lists. Courses that are not full will remain open to further registration.

For all other locations, information and registration sessions have recently taken place in Mahone Bay, Chester, Truro and Liverpool.

Find out more about SCANS and its courses at [www.thescans.org](http://www.thescans.org) or by calling the SCANS registrar at 902-444-7588 from Monday to Thursday. You can also email [SCANSinfo@gmail.com](mailto:SCANSinfo@gmail.com).

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