



SENIORS'  
COLLEGE  
ASSOCIATION  
OF NOVA  
SCOTIA



SCANS is a registered non-profit organization dedicated to providing non-credit academic courses to seniors (age 50+) in Nova Scotia

CONTACTS:  
[theSCANS.org](http://theSCANS.org)  
[SCANSinfo@gmail.com](mailto:SCANSinfo@gmail.com)

Halifax office  
902-444-7588

# 2023 Winter Term Public Lecture Mahone Bay Chapter

Part 1 – February 1 (bad weather day Feb 3)

Part 2 – February 15 (bad weather day Feb 17)

1:00 pm – 2:30 pm

St. John's Anglican Parish Hall, 63 Townsend St., Lunenburg

Register to attend: [FernSJordan@gmail.com](mailto:FernSJordan@gmail.com)

Refreshments will be served

## WAR FIGHTER TO FIGHTING FOOD POVERTY



**DAVID JARVIS MBE**, known to most law enforcement agencies around the globe as Jarvo, served for twenty-two massively overachieving years in the British Armed Forces before recklessly deciding to become a self-sufficient farmer in the hills of central Italy without a single shred of knowledge or experience. Bizarrely, in cahoots with his wife Karen, born in Halifax but with a Dutch passport who he met whilst accidentally surfing porn in Lisbon airport whilst on his way to Addis Ababa, they succeeded in doing so, much to their utter bemusement. However, after 10 years of stepping in pig poo and growing tired of the repetitive nature of farming they decided to go to Nova Scotia to be closer to Karen's family. It's a long and complicated story but the only way to achieve this objective was for Jarvo to return to school in Dartmouth as a very grumpy fifty-five-year-old and study to be a baker. Having gradually adapted to the massively different culture, language and food in Canada, Jarvo graduated with honours and as valedictorian and settled close to Lunenburg with Karen who begrudgingly went back to a proper job.

In War fighter to fighting food poverty, Jarvo recounts the thrills and spills of learning how to do everything from scratch on the farm in Italy and how he learned to transfer those skills to life in Nova Scotia's vastly different conditions and create the We Feed Lunenburg group which supports the local Food Bank and works tirelessly to alleviate food insecurity in the local community. All this whilst recounting in hilarious detail how he managed to travel the globe successfully making himself and almost everyone else around him utterly miserable and hilariously intermingling stories of epic disaster after disaster from a lifetime of dramatic over achievement.