

**COURSES (via Zoom)**

<b>1</b>	<p><b>The Empowered Senior Patient: Healthcare Literacy for Seniors - <i>Stewart Cameron</i></b></p> <p>Mondays, 10:00 am - 11:30 am, Feb 01 - Mar 15 (no class on Feb 15)</p> <p>At one time or another, most of us have felt frustrated after an encounter with the healthcare system. We may not have fully understood the information presented to us, or we forgot it by the time we got back home. Patients have often expressed the feeling that their concerns and wishes were not heard by the physician. This series of seminars will show participants how to make better use of the healthcare system. It will emphasize how to be a more informed healthcare consumer through understanding how doctors think, how to communicate with health care providers, and how to better assess health information. Questions are welcomed and debate is encouraged. Statistics and scientific concepts will be simplified and minimized but will necessarily form part of the course.</p>
<b>2</b>	<p><b>Six Questions/Controversies - <i>Norman Pereira</i></b></p> <p>Tuesdays, 10:00 am - 11:30 am, Feb 02 - Mar 9</p> <ol style="list-style-type: none"> <li>1. Is the US political system in crisis and if so, what is its impact on Canada?</li> <li>2. What is the relationship between Hate Speech, Censorship, and the Media?</li> <li>3. Is Islam a religion of peace? How does it compare with Judaism and Christianity?</li> <li>4. Are Canadian Universities failing to provide students with a liberal education?</li> <li>5. To what extent is the demonization of Putin and Russia justified?</li> <li>6. Is the Chinese system of government superior to Western democracy?</li> </ol>
<b>3</b>	<p><b>Forecasting Weather and Climate - <i>Jim Abraham</i></b></p> <p>Wednesdays, 10:00 am - 12:00 pm, Feb 03 - Mar 10</p> <p>Provide participants with an understanding of the following weather and climate topics:</p> <ul style="list-style-type: none"> <li>• structure and atmospheric processes</li> <li>• cloud and precipitation types</li> <li>• citizen science (backyard weather stations and precipitation measurement)</li> <li>• satellite and radar interpretation</li> <li>• stormy weather including hurricanes</li> <li>• climate and climate change/crisis</li> </ul>

**SENIORS' COLLEGE  
ASSOCIATION OF NOVA SCOTIA**

**WINTER 2021  
(via Zoom)**

**MESSAGE FROM THE PRESIDENT**

Our prime concern at this time is the health and safety of our members. As seniors, we all have to take special care because we are at greater risk for more serious complications from the COVID- 19 virus. As a consequence, we believe that an online alternative, with webinars and Zoom classes, is the only option currently available to us.

**INFORMATION SESSION**

January 5 (Tuesday) - 10:00 am  
*via Zoom*

A video recording of this information session will be available for viewing at [www.theSCANS.org](http://www.theSCANS.org) after January 5.

**ONLINE COURSE REGISTRATION**

Register online at [www.theSCANS.org](http://www.theSCANS.org)

**CLASS CANCELLATIONS**

Announced at [www.theSCANS.org](http://www.theSCANS.org)



QR code for online course descriptions and instructor biographies.

## COURSES (via Zoom)

### 4 Understanding Human Evolution - *Barnett Richling*

Thursdays, 1:30 - 3:30 pm, Feb 04 - Mar 11

Ever since the first remains of “Neanderthal Man” came to light nearly 200 years ago, the steady accumulation of fossils, artefacts, and other types of evidence from Africa, Asia, and Europe has yielded a great wealth of knowledge of the human family tree, and with it, a good many surprises and unanswered questions. In six lectures this course offers a primer on the evolution of our species, *Homo sapiens*, over a span of many millions of years. Starting with basic concepts of biological evolution and our place among the primates, lectures move on to examine some key discoveries, past and present, and what these discoveries reveal about our common ancestry, and about what it is to be human.

### 5 SpySchool 301: Psychology of Intelligence Analysis - *Ian MacVicar*

Fridays, 10:00 am - 12:00 pm, Feb 05 - Mar 12

“The Psychology of Intelligence Analysis,” examines the psychological aspects of intelligence analysis, agent recruitment, deception, fake news/propaganda, military and political failures, and security planning. Biases, distorted thinking patterns, and mitigation strategies, such as Structured Analytic Techniques are explained in historical context. Practical thinking exercises are used to illustrate the course content.

Video recordings of each class will be made available to all registered course participants until March 26, 2021, except for courses designated as not to be recorded.



## SENIORS' COLLEGE ASSOCIATION OF NOVA SCOTIA

WINTER 2021  
Course Program (via Zoom)

Continue your life-long learning by joining the Seniors' College Association (SCANS), a registered non-profit organization providing affordable non-credit academic courses to seniors (50+) in Nova Scotia.

Membership entitles you to enrol in any number of courses offered per year. Membership can be started at any time and is valid for three consecutive terms. The annual fee is \$150 + HST (total \$172.50).

### CONTACT

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