

FALL 2018

SENIORS' COLLEGE ASSOCIATION OF NOVA SCOTIA



SCANS  
Course Offerings

Fall 2018

# 1 Allen Penney

## Domestic Architecture in Nova Scotia 1764 - 1923

### Dates, Time, and Place

#### Domestic Architecture in Nova Scotia 1764 - 1923 - Allen Penney

Tuesdays 10:00 AM - 12:00 PM (6 wks) Oct 09 to Nov 13

‡ Halifax Central Library, Paul O'Regan Hall, 5440 Spring Garden Road, Halifax ‡

### Course Description

Twelve houses in the Nova Scotia Museum collection will be examined, three in considerable detail. Their owners, contexts, main function, construction, and design influences will inform us of the history of Nova Scotia, how people lived in them and why the houses are still standing.

Divided into six sessions, the houses will be discussed in roughly chronological order. Note dates are approximate.

1. Perkins' House, Liverpool, 1764
2. Ross–Thomson House & Store, Shelburne, 1781  
North Hills Museum, Granville Ferry, 1793  
McCulloch House, Pictou, 1808
3. Mount Uniacke, 1816
4. Prescott House, Starrs Point, 1811  
Rosebank Cottage, New Ross, 1818  
Jail, Sherbrooke Village, 1860
5. Clifton, Windsor, 1836
6. Lawrence House, Maitland, 1871  
Shand House, Windsor, 1897  
Fisherman's Life Museum, Oyster Pond, 1923

### Biography

Allen Penney was educated in England, Registered Architect at age 23, 2 years compulsory military service becoming 2nd Lieutenant in Royal Engineers. Worked as an architect in London, Barbados, Washington, DC, Boston, and Halifax, Nova Scotia.

Taught at the AA School of Architecture in London, at University of Cambridge, NSTC, now Dalhousie University, Halifax, NS, as a visitor to Universities of Manitoba, Harvard, Pennsylvania.

Member of the ICOMOS Wood Committee and a Research Associate at the Nova Scotia Museum. Have given talks at Royal Nova Scotia Historical Society, Nova Scotia Museum, Heritage Canada, NS Heritage Department, Heritage Trust, Dalhousie and St Mary's Universities.

## 2 Victoria Rosenberg Study of Elizabeth Bowen's "The House in Paris" and Henry James's "What Maisie Knew"

### Dates, Time, and Place

**Study of Elizabeth Bowen's "The House in Paris" and Henry James's "What Maisie Knew" -**

**Victoria Rosenberg**

Tuesdays 10:00 AM - 12:00 PM (6 wks) Oct 09 to Nov 13

Maritime Conservatory of Performing Arts, Room 15, 6199 Chebucto Road, Halifax

### Course Description

The blurb on the cover of a copy of Bowen's novel emphasizes that the children gain "possession of the kind of grave knowledge usually reserved for adults". Maisie begins "What Maisie Knew" at age 6; Henrietta is 11 in "The House in Paris", Leopold is 9. We will explore the nature of the children's acquired knowledge but, more important, study the growth of their consciousnesses. The focus of the course will accordingly be the analysis of the children's perceptions and awareness. We will discuss whether or not any one, or perhaps all, of the three grow into an intelligent understanding. Our method of approach will be one of close analysis of the texts.

The first three sessions will be devoted to the James novel, the final three to the Bowen. The editions I will be referring to in class are the Oxford Classics of the James, the Anchor of the Bowen. Although any edition of either novel will suit, I suggest you look for a copy of "What Maisie Knew" which includes James' Preface to the novel; it will indicate the 1907 text of the New York edition (James revised his original 1897 text) that I will be using in class. Most editions will also state which of the two texts, the 1897 or the 1907, that particular publisher is using.

Both novels are available online; those who prefer a book in hand can try used bookstores, the city libraries or, if you want a brand-new copy to mark in as you please, Bookmark on Spring Garden Road.

### Biography

Dr. Victoria Rosenberg taught for many years at Dalhousie University and Mount Saint Vincent University. Her particular interest is the work of Henry James and she has lectured and published on his novels. She is currently working on a book on The Book of Psalms, Book One, including English translations of the original Hebrew, keeping true to the literal Hebrew. Her co-translator is Amram Maccabi; hers are the Notes on the translations and Commentaries on each of the 41 Psalms of Book One.

### 3 Gwen Davies Creative Writing: Fiction

#### Dates, Time, and Place

<b>Creative Writing: Fiction - <i>Gwen Davies</i></b>			
Tuesdays	1:00 PM - 3:00 PM	(6 wks)	Oct 09 to Nov 13
Maritime Conservatory of Performing Arts, Room 15, 6199 Chebucto Road, Halifax			

#### Course Description

This is an active course in writing, for those who want to explore your own stories but have never gotten around to it, and those who need help to get back to writing. The class is designed to be a safe place for beginners to get started, and useful to those with writing experience. Over the six weeks, we will play with ways to find a focus, uncover memories, write pieces that hold a reader's interest, and organize what you write. You will come away with a folder of writing and some ideas on how to keep your project going.

#### Biography

Gwen Davies has been teaching creative writing for about 25 years. She started the Community of Writers at the Tatamagouche Centre, a four-stream writing event, and ran it for 15 years. She has had several stories published in literary magazines and has won a few prizes. Her book *Facing the Other Way* came out in 2016. She supported her writing habit with teaching, by working in literacy and other types of community endeavours, and recently retired from 35 years of consulting in clear language and design. She holds degrees from Wilfrid Laurier and King's. She grew up travelling around Europe with her Air Force family in a VW camper, and took up parkour at age 62.

## 4 Ted Blackburn Jazz Essentials

### Dates, Time, and Place

#### Jazz Essentials - Ted Blackburn

Tuesdays	1:30 PM - 3:30 PM (6 wks)	Oct 09 to Nov 13
Captain William Spry Community Centre - CMPR, 16 Sussex Street, Halifax		

### Course Description

Overview: What are the essentials of Jazz? What distinguishes Jazz from other musical genres? How has Jazz changed throughout its history? Can Jazz be defined? What is the relationship between Jazz and the popular song?

By examining examples of recorded Jazz from its earliest days to the present, course participants will explore these and other questions in order to gain a greater depth of understanding of this rich and ever-changing art form.

Recordings of popular songs as interpreted by jazz musicians will be used to illustrate the elements of Jazz and the many stylistic changes that have developed over the years.

Topics:

- The Elements of Music (and the ways in which they are used in Jazz)
- The importance of improvisation in Jazz
- The influence of the blues
- Styles of Jazz (New Orleans, Swing Era, Be-Bop, Cool, Latin, Modal, Fusion....)
- Jazz instrumentation
- Standard Jazz ensembles (from small group to big band)
- Roles of each instrument in an ensemble
- Jazz composition and arranging

Recordings and videos will focus on popular songs as interpreted by Jazz performers in order to illustrate the essential elements of Jazz. For example, the song *Georgia On My Mind* was written by Hoagy Carmichael in 1930. Since then, it has been recorded more than 65 times in a wide variety of musical styles. How can one song be interpreted in so many different ways and still maintain its integrity? How are the elements of music different in each interpretation? What makes Oscar Peterson's version different from Dave Brubeck's version? Through this exploration, participants will gain an understanding of Jazz melody, harmony, and rhythm and the ways in which these elements combine to create "jazz sound".

### Biography

Ted Blackburn is a graduate of the music programs at Humber College and York University in Toronto. He earned his BE from the University of Toronto and taught high school for the Peel District School Board (Mississauga and Brampton) for 29 years. Throughout those years, Ted performed and recorded with a number of bands including his own jazz trio. Since retiring from teaching, Ted has spent his time composing and arranging music for large jazz ensembles and has recorded three Big Band CDs featuring his arrangements. Ted is a member of the Tuesday Night Big Band in Halifax and the Chester Brass Band.

## 5 Norman Pereira Six Controversies

### Dates, Time, and Place

**Six Controversies - *Norman Pereira***

Wednesdays 10:00 AM - 12:00 PM (6 wks) Oct 17 to Nov 21

Maritime Conservatory of Performing Arts, Room 15, 6199 Chebucto Road, Halifax

### Course Description

This class is discussion based with introductions and commentary by the instructor. Topics vary from year to year; in Fall 2018 they are:

1. The Trump presidency
2. Putin's Russia
3. The status of women in society
4. Islamophobia
5. Free speech versus hate speech
6. Identity politics at Canadian universities.

### Biography

Norman Pereira taught almost four decades in the History and Russian Departments at Dalhousie University. He has published three monographs and three dozen refereed articles mainly in the areas of Russian intellectual and political history of the nineteenth and twentieth centuries. His current focus is on Vladimir Putin and his relationship with the West; and separately the canonical texts of Islam.

## 6 Bob Bauer A History of Recorded Sound: from Edison to MP3

### Dates, Time, and Place

**A History of Recorded Sound: from Edison to MP3 - *Bob Bauer***

Wednesdays 1:00 PM - 3:00 PM (6 wks) Oct 10 to Nov 14

Maritime Conservatory of Performing Arts, Room 15, 6199 Chebucto Road, Halifax

### Course Description

1. Understanding sound and early, pre-electrical recording.
2. How electricity advanced the recording and playback of sound.
3. Improving fidelity - radio, magnetic tape, stereo.
4. Improved recording techniques - multi track and sound processing.
5. Compact discs and other digital audio formats.
6. Electronic musical instruments and motion picture sound.

### Biography

Bob Bauer is a Canadian composer, broadcaster, performer, conductor, arts administrator and educator. He worked for CBC radio for 30 years as a recording engineer and music producer. He is associated with three East Coast Music Award winning recordings. He is a recipient of the Canadian League of Composers Award and a Gabriel Award for broadcasting. He has guest lectured at Dalhousie and St Francis Xavier Universities. As a new music advocate, Bauer is one of the co-founders of ArrayMusic in Toronto, Upstream and Musikon, both in Halifax. He has also made a significant contribution to the Oscillations Festival of Electroacoustic Music and the Atlantic regional council and national board of directors of the Canadian Music Centre. Just prior to his retirement from CBC in 2006, he was the producer of the popular Weekend Mornings program with host Stan Carew.

## 7 Alex Roberts Filthy Lucre: a brief (but affectionate) history of money

### Dates, Time, and Place

#### **Filthy Lucre: a brief (but affectionate) history of money - Alex Roberts**

Wednesdays 1:30 PM - 3:30 PM (6 wks) Oct 10 to Nov 14

Parkland Clayton Park, Cameron Hall, 114 Fairfax Drive, Halifax

### Course Description

*“The thing that differentiates man (and woman) from the apes is money”* – Gertrude Stein

Dough, scratch, bread, moolah, quid, greenbacks, yen, rupee, euros, bahts, bitcoin: money permeates virtually every aspect of our psychological, emotional and financial lives. Indeed, we focus more of our time in the pursuit of money than any other human activity. It is also the essential back story that explains the origins of most great events: everything from the fall and rise of great empires to potentially catastrophic trade wars. Cultural anthropologist, Jack Weatherford goes as far as to argue, “Money is a plausible candidate for being the single most influential factor” shaping modern human progress, and the “definitive element of social life.”

Employing an accessible, entertaining, thought-provoking approach, this course will look at the world’s second most interesting topic from many different perspectives: historical, economic, psychological, sociological and cultural. The central aim being to help the student to develop an understanding of money in its many forms, and how they will continue to be the force that makes the world go round.

The course will include: the origin, evolution and characteristics of money, money in trade, in war, the psychology of spending, electronic money, money and inflation, how banks create money (out of nothing), the roles played by the IMF, World Bank and the Bank of Canada, money systems in prisoner of war camps, stock market bubbles, digital currencies and “blockchain”, numismatics, money in music and literature, the allure of gambling, things money can’t buy, cognitive biases that cost you money, and the future of money.

### Biography

A native of Yorkshire, England, Alex Roberts taught in Halifax for 28 years (Statistics, Economics and Computer Science). After leaving teaching in 2005, he spent several years as an educational presenter and is now a freelance writer, with over 200 articles published. Hobbies include being a railway buff, coin collecting, sports fishing, and cricket. The former co-owner of Entertainment Contacts (booking) Agency, he currently owns and operates The White Rose Cricket Forum. He holds a B.A (Economics), Graduate Studies (Economics) a B.Ed and an M.Ed (Curriculum Theory).



## 8 Sandi Berwick Food and Nutrition for Successful Aging

### Dates, Time, and Place

#### Food and Nutrition for Successful Aging - Sandi Berwick

Thursdays 10:00 AM - 12:00 PM (6 wks) Oct 11 to Nov 15

Maritime Conservatory of Performing Arts, Room 15, 6199 Chebucto Road, Halifax

### Course Description

It is my pleasure to share current, relevant and validated food and nutrition information for the older adult. This course offers the fundamentals of nutrition as applied to older adults in a variety of settings and contextual situations (This course is adapted from a course in Applied Human Nutrition at Mount Saint Vincent University).

The overall content of the course reflects the following:

Aging is multi-factorial (health behavior, genetics, environment and lifestyle, and medical condition), and nutrition is one of the major determinates of positive aging.

Older adults are a diverse group living longer and are the largest growing segment of the population. Consider the following: In 2030, the last baby boomer turns 65; by 2040, older adults will make up 25% of the population (65 years or older); older women outnumber older men, and have a longer life span; the number of old – old (85 years and older) will also grow immensely.

Case studies and the lived experiences of the presenter as a medical nutrition therapist support the course content. There will be two topics offered each week; these are still to be determined. Resources will be made available to course participants.

### Biography

Sandi Berwick is a registered dietitian (MSVU) with an undergraduate degree in Psychology/Sociology (Ottawa U.), and a Master's Degree in Family Studies and Gerontology (MSVU). She is also co-chair of the Nova Scotia Dietitians' Continuing Care Action Group, a local action group of Dietitians of Canada).

When Sandi left the Nova Scotia Health Authority in 2015, and her rural continuing care practice she developed a university course called *Culture Change in Medical Nutrition Therapy and Healthcare* which she taught at Mount Saint Vincent University. During the fall of 2017 Sandi also had the opportunity to teach a nutrition course to both graduate and undergraduate students called *Food and Nutrition for Successful Aging*.

Sandi was recently honored as a recipient of a 2018 Dietitians of Canada Member Recognition Award in the category of Leadership for advancing the profession in continuing care. Sandi is currently working on another course called *The Science of Well-being and the Ethics of Aging Well: About Women, for Women*.

## 9 Daphna Levit Capitalism: From Prosperity to Inequality

### Dates, Time, and Place

<b>Capitalism: From Prosperity to Inequality - <i>Daphna Levit</i></b>			
Thursdays	1:00 PM - 3:00 PM	(6 wks)	Oct 11 to Nov 15
Maritime Conservatory of Performing Arts, Room 15, 6199 Chebucto Road, Halifax			

### Course Description

After Karl Marx, successive economists writing about the benefits of capitalism have long been giving guidance on how to reach material abundance and consumption plenty. Growth is considered essential and prosperity is expected to cure all social ills. Politicians, supported by wealthy corporate donors, perpetuated the promise of capitalist prosperity and continually rewarded these supporters, thus ensuring the continuity of a corporate growth system. The underbelly of prosperity, inequality, has been given less attention until fairly recently. Very few of those economists who pointed out the consequences of unrestrained capitalism on inequality have been American.

This course takes a look at the writings of some outstanding scholars in the late 20th and early 21st centuries in Europe and lately in the USA who bucked the trend and focused on the dramatic rise of the superrich, the expanding gap between the top and the bottom of the wealth ladder and the damaging effect this will continue to have in the free world.

This course will also provide a related glimpse into an economic pursuit that is beginning to grow: feminist economics.

(At the end of the course we will write our own treatise and march on Washington to protest the rise of gilded peacocks).

### Biography

After completing her Ph.D. studies in Comparative (Japanese) Literature at Indiana University, Daphna Levit went on to take additional graduate degrees in Finance (MBA) and East Asian Studies (Economics)(MA) from Cornell University. She spent much of two decades in Japan, a third in London, England and New York employed as a financial analyst by some of the giant Wall Street firms that recently topped the headlines. She got out of the industry before the penultimate global economic crisis and went on to teach Finance and Economics to MBA students. In 2002 she moved to Nova Scotia and started writing a weekly column in the South Shore newspaper on global financial matters, writing opera reviews for the national magazine Opera Canada and teaching courses on Japanese history, Japanese Film and Economics in various academic institutions. She joined the SCANS BOD early in 2010, served on it for four years, developing and then coordinating the three SCANS chapters in the South Shore. She co-authored a book on the Middle East and has given several talks on that subject all over Canada. She now lives near Lunenburg.

# 10 Patricia McMullen

## The Science of Mindfulness: How Mindfulness Meditation Affects our Bodies, Brains and Minds

### Dates, Time, and Place

<b>The Science of Mindfulness: How Mindfulness Meditation Affects our Bodies, Brains and Minds - Patricia McMullen</b>		
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Fridays	10:00 AM - 12:00 PM (6 wks)	Oct 12 to Nov 16
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Maritime Conservatory of Performing Arts, Room 15, 6199 Chebucto Road, Halifax		
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### Course Description

In this seminar about the science of mindfulness, you will learn about the practice of mindfulness from an experiential stand-point. Investigation of the effects that this secular practice is purported to have on cognition, emotions, the brain and our bodies will be central to the course. We will also discuss the psychological conditions that mindfulness has been used to ameliorate and the applied settings in which it has been implemented. Finally, some of the problems with mindfulness as a practice will be presented as well problems with the scientific research as it stands today. If time permits we may explore what a theory of mindfulness would look like.

### Biography

Patricia McMullen received her Ph.D. in cognitive psychology at the University of Waterloo in 1988. Following that, she pursued post-doctoral research at Carnegie Mellon University under the direction of Dr. Martha Farah where she gained expertise in cognitive neuropsychology or the cognition of individuals who have experienced brain damage. In 1991, she was hired as professor in the area of visual cognition in the Department of Psychology and Neuroscience at Dalhousie University. Her interest in mindfulness has continued throughout most of her adult life and teaching a course on the science of mindfulness is a meeting of two long-standing fascinations.

# 11 Glenn Walton

## Comedy, Tragedy and Dramatic Structure Onstage and in Film

### Dates, Time, and Place

#### Comedy, Tragedy and Dramatic Structure Onstage and in Film - *Glenn Walton*

Fridays                      9:30 AM - 12:30 PM (6 wks)                      Oct 12 to Nov 16

Parkland Clayton Park, Cameron Hall, 114 Fairfax Drive, Halifax

### Course Description

This course looks at the genres of tragedy and comedy and how they function in three very different works spanning the history of drama. First we will watch and discuss a film version of Sophocles' play *Oedipus Rex*, which Aristotle in his *Poetics* used as his model to define the perfect tragedy. Then we will screen Franco Zeffirelli's celebrated film of Shakespeare's *Romeo and Juliet*, which can be described as "a comedy turned tragic". Finally, we will see Madden's recent *Shakespeare in Love*, which employs comedy and tragedy in its two plots to produce its bittersweet ending. Along the way, the professor, who is both playwright and filmmaker, will outline relevant stage practice over the centuries as well as present-day film language. Find out, for example, what a *deus ex machina* ending is, and why actors are called *thespians*.

### Biography

Glenn Walton is an award-winning filmmaker, journalist, musician and teacher. His first film, *The Room at the Back*, won the Best Short Film award at the Atlantic Film Festival in 1990, and his latest, *Chamberpiece*, won the Best Actor Award at the same festival. In 2002-04 Glenn wrote a popular column for *The Daily News*, and as musician he has recently composed and produced the CD soundtrack to his play *If I Were a Blackbird*. He is presently writing a musical staging of his favourite children's book, *The Wind in the Willows*. Professor Glenn spends much of his free time teaching English Literature at Saint Mary's University, a job he enjoys more and more each year.

# 12

Steve Chipman  
Ayn Rand and Her Philosophy

## Dates, Time, and Place

### Ayn Rand and Her Philosophy - *Steve Chipman*

Fridays            1:30 PM - 3:30 PM (6 wks)            Oct 12 to Nov 16

Parkland at the Lakes, Phase 2, Kinross Hall Theatre, 122 Baker Drive, Dartmouth

## Course Description

This course will be an introduction to Ayn Rand and her philosophy of Objectivism. There are two aims. First, to clearly present her ideas in some depth. Second, to stimulate a thoughtful discussion of these ideas among class members. We will focus on her non-fictional writing in metaphysics, epistemology, ethics, politics and aesthetics. The course should interest anyone interested in serious ideas even those which are unconventional and controversial.

## Biography

I am not a professional philosopher but rather a recent retiree who has always been interested in philosophy not as an academic “parlour game” but as a guide to help me understand the world and how to live and flourish in it. After a BA in Philosophy and History, I embarked on a 40 year career in the financial industry, married a beautiful, strong woman and helped her raise four wonderful children. I now am resuming my interest in learning and discussing philosophy respectfully with others.

# 13

Daphna Levit  
Capitalism: From Prosperity to Inequality

## Dates, Time, and Place

### Capitalism: From Prosperity to Inequality - *Daphna Levit*

Tuesdays	2:00 PM - 4:00 PM (6 wks)	Oct 09 to Nov 13
St. Stephen's Hall, 54 Regent Street, Chester		

## Course Description

After Karl Marx, successive economists writing about the benefits of capitalism have long been giving guidance on how to reach material abundance and consumption plenty. Growth is considered essential and prosperity is expected to cure all social ills. Politicians, supported by wealthy corporate donors, perpetuated the promise of capitalist prosperity and continually rewarded these supporters, thus ensuring the continuity of a corporate growth system. The underbelly of prosperity, inequality, has been given less attention until fairly recently. Very few of those economists who pointed out the consequences of unrestrained capitalism on inequality have been American.

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This course will also provide a related glimpse into an economic pursuit that is beginning to grow: feminist economics.

(At the end of the course we will write our own treatise and march on Washington to protest the rise of gilded peacocks).

## Biography

After completing her Ph.D. studies in Comparative (Japanese) Literature at Indiana University, Daphna Levit went on to take additional graduate degrees in Finance (MBA) and East Asian Studies (Economics)(MA) from Cornell University. She spent much of two decades in Japan, a third in London, England and New York employed as a financial analyst by some of the giant Wall Street firms that recently topped the headlines. She got out of the industry before the penultimate global economic crisis and went on to teach Finance and Economics to MBA students. In 2002 she moved to Nova Scotia and started writing a weekly column in the South Shore newspaper on global financial matters, writing opera reviews for the national magazine Opera Canada and teaching courses on Japanese history, Japanese Film and Economics in various academic institutions. She joined the SCANS BOD early in 2010, served on it for four years, developing and then coordinating the three SCANS chapters in the South Shore. She co-authored a book on the Middle East and has given several talks on that subject all over Canada. She now lives near Lunenburg.

# 14

Natalia Koutovenko  
Women in Russian History

## Dates, Time, and Place

<b>Women In Russian History - <i>Natalia Koutovenko</i></b>		
Thursdays	2:00 PM - 4:00 PM (6 wks)	Oct 11 to Nov 15
St. Stephen's Hall, 54 Regent Street, Chester		

## Course Description

The course “Women in Russian History” will describe the role of women in the history of Ancient Russia; the role and life of women in the medieval Russia; women on the Russian throne; growth of feminism at the end of the 19th century and the role of women in the revolutions in 1905 and February and October revolutions in 1917; active role of Soviet women in building the new socialist society.

## Biography

Natalia Koutovenko has vast experience with and knowledge about the Hermitage Museum since she had been working as a guide at the "Intourist" company before coming to Canada in 2002. She was also the Head of the Department of Foreign Languages at the International Banking Institute in St. Petersburg, Russia and the Assistant Manager in Foreign Affairs of the Library of the Academy of Sciences. In Canada Natalia worked as Assistant Professor and Instructor at the Department of Russian Studies at Dalhousie University. Currently she is working as an Interpreter in the courts and for ISANS (Immigrant Services Association of Nova Scotia) and teaching Russian Language and Literature at the Russian School in Halifax.

# 15

Vladimir Sitnikov  
From Bach to Beatles: Evolution of Guitar

## Dates, Time, and Place

**From Bach to Beatles. Evolution of Guitar - *Vladimir Sitnikov***

Mondays      10:00 AM - 12:00 PM (6 wks)      Oct 15 to Nov 19  
Mahone Bay Centre, 45 School Street, Mahone Bay

## Course Description

From Bach to Beatles is the musical journey throughout times and continents. It focuses on history of music in general and guitar evolution in particular.

Each class is dedicated to a different music genre: baroque, classical, romantic, modern, flamenco from Spain, Latin American music such as salsa, samba, tango, bossa nova, and North American music such as jazz, blues and rock.

Live guitar compositions performed by instructor throughout the course.

## Biography

Before Vladimir - professional musician for more than 20 years - made Canada his new home, he mastered his guitar and composition in Russia. A prize winner of an international classical guitar competition, he has released 4 CD's, has been teaching and performing music all across Canada and appeared on award winning records, TV and radio stations.

Currently, Vladimir is a guitar teacher at the Talent Studio, musical director of The Shining Lights Choir - a community choir for homeless and disable people as well as a host of weekly classical music program From Bach To Beatles on CIOE 97.5 FM radio, all in Halifax, NS.



# 16

Kevin Cox  
Back to Babel: Issues in the Media

## Dates, Time, and Place

<b>Back to Babel: Issues in the Media - Kevin Cox</b>			
Mondays	2:00 PM - 4:00 PM	(6 wks)	Oct 15 to Nov 19
Mahone Bay Centre, 45 School Street, Mahone Bay			

## Course Description

The course will examine issues such as the future of mainstream media in a social media world, how newspapers became lumbering Goliaths, who filters the news (if anybody) , what is fake news and who is faking it- whom do we trust, whom do we believe- the media images of leaders like Trump and Trudeau- the impact of 24-7 news – history of social media- when everyone’s opinion supposedly matters how do we make decisions - should governments subsidize the media - what are the dangers and the benefits - we will use the small-group case study approach to examine situations that confront journalists so we can engage everyone in the class. We will look at how the media is affected by and covers the #metoo movement- the traditional checks and balances and issues of fairness and credibility in a 24/7 news cycle where rumours travel faster than fact.

Readings are sent out every week via email a couple of days before the class. Often the intended topics are overtaken by issues of the day – we just go with the flow.

## Biography

I have been a reporter for 42 years- five with the Hamilton Spectator, 23 with The Globe and Mail and 14 with Allnovascotia.com. My work has appeared in The Guardian, The Encyclopedia Britannica, Canadian Living and several other magazines and newspapers.

I was an instructor at the School of Journalism at King’s College in Halifax for a decade. I have lectured on media issues at the University of Calgary, McMaster University, University of Western Ontario, Dalhousie University, Acadia University, Saint Mary’s University and University of Toronto.

I have an Honours BA in journalism from the University of Western Ontario and a Masters of Divinity from the Atlantic School of Theology.

I am now an ordained minister in the United Church of Canada on the Newport Pastoral Charge and write three columns a week for allnovascotia.com. I have dabbled in chainsaw carpentry, growing giant pumpkins, old timer speed-skating, umpiring fastball and running marathons.

# 17 Dawn Harwood-Jones

## Would I Lie to You? A Look at Video Tricks and Deceptions on Television and Online

### Dates, Time, and Place

**Would I Lie to You? A Look at Video Tricks and Deceptions on Television and Online - Dawn Harwood-Jones**

Wednesdays 10:00 AM - 12:00 PM (6 wks) Oct 10 to Nov 14

Mahone Bay Centre, 45 School Street, Mahone Bay

### Course Description

The course will cover the basics of good video production with an intent to teach how easily video can be deceptive. Even the choice of how one frames the subject will make that person look either weak or strong. The course is not intended to create monster videographers although many will want to put some of the information to use. This is more a look at how video can deceive so that participants will gain a healthy appreciation for how easily a video can be altered. We will also cover the use of fancy effects to mask empty content. After an overview about techniques and video language, participants will watch a person be interviewed. The following week they will see an edited piece that makes the person say the opposite of what they meant.

### Biography

Dawn Harwood-Jones is highly experienced in video production. She worked 20 years as a television producer for CBC, where she won several international awards. After CBC, she co-founded Pink Dog Productions producing hundreds of video including one that persuaded leaders in Mecca to change the way they thought about recycling during the Hajj. Throughout her career she has taught creative production. Now that anyone can shoot video with their phone, her focus has become teaching that anyone can shoot great video if they understand the basics of quality recordings. She has taught youth, university students, businesses and seniors.

# 18 Various Speakers

## A Brief History of Queens County (and Beyond) Through Six Lenses.

### Dates, Time, and Place

#### **A Brief History of Queens County (and Beyond) Through Six Lenses - *Various Speakers***

Tuesdays      10:00 AM - 12:00 PM (6 wks)      Oct 09 to Nov 13

Trinity Church Hall, 196 Church Street, Liverpool

### Course Description

The course will consist of six separate presentations by six local historians.

Topics will include, (but are subject to change):

1. Justice: 1700 to Modern Times - *Peter Leslie (Queens County Museum of Justice)*
2. Traditions of the Mi'kmaw people - *Melissa Labrador (Traditional Knowledge Keeper)*
3. The cultural migration patterns that make up Queens Co. - *Linda Rafuse (Queens County Museum)*
4. Colonial Black History in Queens Co. - *Linda Rafuse (Queens County Museum)*
5. Black Loyalist History in Shelburne Co. - *Vanessa Fells (Black Loyalist Heritage Centre)*
6. Events following Mr. Perkins' call to the British Government to protect the area from American invaders and Privateers during the War of Independence. A soldier's guide to surviving off the land and the life of a soldier's wife. - *Owen and Gail Hamlin (King's Orange Rangers, KOR, and Official Seamstress to the 84th Regiment of Foot)*

# 19

Rosalie Osmond  
The Protestant Imagination

## Dates, Time, and Place

<b>The Protestant Imagination - <i>Rosalie Osmond</i></b>		
Wednesdays	1:30 PM - 3:30 PM (6 wks)	Oct 10 to Nov 14
Trinity Church Hall, 196 Church Street, Liverpool		

## Course Description

This course will look at the effect of the Reformation in England on the imagination of writers and musicians. Rather than focusing on the minutiae of theological controversy, we shall see how the underlying assumptions of Protestantism led to far-reaching changes in the way we read and react to authority in our reading, to the rise of individualism, and to changes in literary and musical style.

We begin with the invention of printing and the widespread dissemination of texts, which were both a prerequisite for Protestantism and a necessary instrument for its propagation. Individual reading led to individual thought ranging from the iconoclastic to the deeply moralistic.

The age, which we remember chiefly as one of great hope and optimism, also had its disturbing aspects. We shall consider the emotional effect of the enormous religious and social upheavals on the people living through them and the tensions that must have been produced by the conflict between nostalgia for the old and the challenge of the new.

## Biography

Rosalie Osmond was born and brought up in Lunenburg and educated at Acadia University, Bryn Mawr College and Cambridge University, from which she received her Ph.D in English Literature. She has taught at the University level in both Canada and the UK. She is the author of 4 published books, three academic and one a novel.

## 20 Jon Peirce Getting Started with Writing

### Dates, Time, and Place

<b>Getting Started With Writing - Jon Peirce</b>			
Tuesdays	1:00 PM - 3:00 PM (6 wks)	Oct 09 to Nov 13	
Douglas Street Recreation Centre, 40 Douglas Street, Truro			

### Course Description

This is a beginning-level course in writing for people who haven't written much in the past, or for those who have been away from writing for a long time and feel in need of a refresher. Current and prospective writers from all genres are welcome.

We'll start with a discussion of what writing process works best for you. Subsequent classes will focus on developing content, the importance of the first draft, the role of the outline, and a brief introduction to editing. Because many of you are likely to be interested in writing a memoir, some time will be devoted to issues related to memoir-writing. I'm also prepared to entertain suggestions for topics you would like to cover.

### Biography

JON PEIRCE has been writing since his high school days. After working as a reporter and assistant editor for his college paper, he worked as a reporter for the *Springfield (Mass.) Union* before coming to Halifax to do an M.A. and a Ph.D. in English at Dalhousie. While in graduate school, he worked briefly as editor of the *Amherst (N.S.) Daily News* and read a number of his free-lance pieces on CBC Radio in both Halifax and Moncton. He has taught at Susquehanna University, Central College, and Queen's University, where he developed a writing program. Active in the literary community in Ottawa, where he lived and worked for many years, Jon has facilitated a number of writing- and editing-related workshops for the Ottawa Independent Writers. His book of essays, *Social Studies*, was published by Friesen Press of Victoria, B.C. in 2014. He is also the author of *Canadian Industrial Relations*, an introductory industrial relations text which ran to three editions after its initial publication by Prentice-Hall Canada in 1999. He is a professional member of the Writers' Federation of Nova Scotia.

For many years, Jon has run his own free-lance writing and editing business, Jon Peirce Editorial Services. His articles, book reviews, and essays, on a broad range of subjects, have appeared in such periodicals as *The Globe & Mail*, *Old Farmer's Almanac* (Canadian edition), *Christian Science Monitor*, *Books in Canada*, *Toronto Star*, *Ottawa Citizen*, *Winnipeg Free Press*, *Kingston Whig-Standard*, *Dalhousie Review*, *Halifax Magazine*, and *Halifax Chronicle-Herald*.

Jon has taught a number of writing courses as well as a Canadian Literature and Introduction to Poetry course for SCANS over the past few years. An actor as well as a writer, he has appeared in five plays at Bedford Players, Dartmouth Players, and Theatre Arts Guild. He's currently working on two plays (both comedies) as well as a memoir and a second book of essays.

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Martin Willison  
Nature Conservation

## Dates, Time, and Place

**Nature Conservation - *Martin Willison***

Wednesdays 1:00 PM - 3:00 PM (6 wks) Oct 10 to Nov 14

Douglas Street Recreation Centre, 40 Douglas Street, Truro

## Course Description

Most people have an intuitive sense that life is precious and that humans have a duty to act as stewards of wild natural systems such as forests and coral reefs. Despite this, Earth's biological diversity is declining due to extinction of life forms caused by human activities. This decline must be eliminated for the Earth to remain healthy, but it is a difficult task. In this course we will examine why we need to reduce the rate of extinction and how we can do it. An holistic approach will be taken, integrating both natural sciences (such as biogeography and landscape ecology) and humanities (such as ethics and ecological economics). The course will be richly illustrated with examples of nature conservation projects from around the world, with a particular focus on Nova Scotia. Many opportunities for questions and discussion will be provided throughout the lectures.

## Biography

Martin Willison is a retired Dalhousie University professor currently appointed as an Adjunct Professor at the university. He attended St. Andrews University (B.Sc. 1966), Nottingham University (Ph.D. 1973) and Dalhousie University (Killam Post-doctoral Fellow, 1974-1976, Microbiology Department). In 1976 he was appointed as an Assistant Professor in the Biology Department at Dalhousie University and subsequently held a wide range of appointments including Biology Department chairperson (1991-1996). He held academic appointments at the Full Professor level in Biology (Faculty of Science), School for Resource and Environmental Studies (Faculty of Management), International Development Studies (Faculty of Arts and Social Sciences) and Marine Management Program (Faculty of Graduate Studies).

## 22 Nancy Pitts The Science of Food

### Dates, Time, and Place

**The Science of Food - Nancy Pitts**

Thursdays 10:00 AM - 12:00 PM (6 wks) Oct 04 to Nov 08

Douglas Street Recreation Centre, 40 Douglas Street, Truro

### Course Description

We all have our own food preferences and experience with food and yet, how much do we *really* know about food and its components? Focusing on making the chemistry of food components understandable, this SCANS course will include:

1. Overview of the components in foods
2. Water- importance, types, considerations
3. Proteins – classes of proteins, protein quality, effect of cooking, protein-allergy associations
4. Carbohydrates – simple and complex carbs, fiber, digestion and GI rating
5. Fats and lipids – the ‘good’, the ‘so-called bad’, the emerging understanding and information; impact of oxidation on food quality
6. Food safety

The classroom style will allow audience participation and questions for those who benefit from this style of learning. For others, you are welcome to treat this as a ‘listen only’ mode of learning.

Please bring several food labels with you to the classes.

### Biography

Nancy Pitts is trained in food chemistry and analytical chemistry and has a personal interest in nutrition. After doing several years of research and extension work with Alberta Agriculture, she then spent almost 30 years teaching and doing research at NSAC (now the Faculty of Agriculture, Dalhousie University).